Childhood Anxiety Specific Screening Questionnaire

	Present		How often does this occur:			How bad is it usually:		
Rate all questions using the options given:	Yes	No	Not often or Sometimes	More often than not	Most or all the time	Not bad, Tolerable	Pretty bad, Not tolerable	Very bad, Awful, Terrible
Feelings of Panic or Physical Complaints								
When my child feels worried or scared, it is hard for them to breathe?								
When my child feels worried or scared, they feel light headed or like passing out?								
My child looks nervous to me or to other people?								
When my child feels worried or scared, they feel like their going crazy or like they can't concentrate?								
When my child feels worried or scared, they feel like things aren't real?								
When my child feels worried or scared, they feel their heart beat fast?								
When my child feels worried or scared, they get shakey?								
When my child worries or is scared, they sweat or feel warm?								
My child seems to get really anxious or tense over nothing?								
When my child feels worried or scared, they feel like they are choking or gagging?								
My child is afraid of having a panic or anxiety attack?								
When my child feels worried or scared, they feel like they are going to vomit or feels nauseous?								
When my child worries or is scared, they feel dizzy?								
Worries and Fears								
My child worries about other people liking them?								
My child is nervous?								
My child worries about being as good as other kids?								
My child worries about things working out for them?								
My child is a worrier?								
People tell me that my child worries too much?								
My child worries about what is going to happen in the future?								
My child worries about how well they do things?								
My child worries about things that have already happened?								
Difficulty with Separation from Parent(s)								
My child gets scared when they sleep away from home?								
My child follows me whereever I go?								
My child worries about sleeping alone?								
My child has nightmares about something bad happening to us?								
My child has nightmares about something bad happening to him?								
My child is afraid to be alone in the house?								
My child worries that something bad might happen to us?								

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Difficulty in Social Situations								
My child doesn't like to be with people they don't know well?								
My child feels nervous with people they don't know well?								
It's hard for my child to talk with people they don't know well?								
My child feels shy with people they don't know well?								
My child feels nervous when they have to perform or do something in front of other people?								
My child feels nervous when they are going to a party, dance, or other social event?								
My child is shy?								
Problems with going to School								
My child gets headaches when they have to go to school?								
My child gets stomach aches at school?								
My child worries about having to go to school?								
My child is scared of going to school?								