

Personal Solutions Counseling

Provider: \_\_\_\_\_

Initial Appointment date:    /    /2018

Day: M T W Th F S S

Time: \_\_\_\_\_

## CLIENT INFORMATION

First Name: \_\_\_\_\_ Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Gender:    M    F    Date of Birth: \_\_\_\_\_    SSN: \_\_\_\_\_

Marital Status: \_\_\_\_\_    Email: \_\_\_\_\_

Address: \_\_\_\_\_    City: \_\_\_\_\_    Zip: \_\_\_\_\_

Employer: \_\_\_\_\_    (Circle):    Full Time    Part Time

School: \_\_\_\_\_    (Circle):    Full Time    Part Time

Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_    Cell phone: ( \_\_\_\_\_ ) \_\_\_\_\_

I found you through \_\_\_\_\_    Do we have permission to text you? Y \_\_\_\_\_ N \_\_\_\_\_

## INSURANCE SUBSCRIBER INFORMATION

(subscriber is the family member who purchases the insurance policy)

**We will need a copy of your driver's license and insurance card**

Name of Subscriber as it appears on Insurance Card: \_\_\_\_\_

Insured's DOB: \_\_\_\_\_    Gender: M F    SSN: \_\_\_\_\_

Address of Insured: \_\_\_\_\_    City: \_\_\_\_\_    Zip: \_\_\_\_\_

Insured's relationship to the client: Self    Spouse    Child    Step parent    Other: \_\_\_\_\_

Insured Party's Employer: \_\_\_\_\_

Home phone: ( \_\_\_\_\_ ) \_\_\_\_\_    Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Is there a secondary insurance policy: yes    no    I don't know    **If Yes, we need copy of card.**

**You have the right to request confidential communications** or that a communication of your Private Healthcare Information (PHI) **be made by alternative means**, such as sending correspondence to your office instead of your home, or calling your cell phone instead of your work or home phone. Privacy requests do not apply to collection attempts for unpaid bills. **Write down preferences below. If you leave it blank, then we will use contact information provided above:**

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**INFORMED CONSENT FOR SERVICES**

**BY SIGNING THIS DOCUMENT, I \_\_\_\_\_ AM INDICATING THAT I AGREE TO PARTICIPATE IN THE FOLLOWING SERVICES WITH PERSONAL SOLUTIONS COUNSELING:**

Initial all that apply:

- Clinical Assessment for myself (first appointment)
- Individual Psychotherapy for myself
- Clinical Assessment for my child (first appointment)
- Psychotherapy for my child
- Family Therapy for (circle:) myself my child
- Couple or Marital Therapy
- EAP Assessment & Referral only
- EAP Assessment & Short-Term EAP Counseling
- To participate as a collateral in therapy or EAP counseling with my
- Group Therapy:
- Other: \_\_\_\_\_

I understand that this agreement is valid for the duration of time that I am participating in services with Personal Solutions Counseling (hereinafter, PSC). By signing below, I acknowledge that I have received a copy of the Privacy Policy and the Informed Consent for Counseling Services, and I understand and agree to the entire contents of these documents. I acknowledge that I have had an opportunity to have answered any questions, comments, or concerns that I might have had prior to signing this consent and participating in services. PSC reserves the right to change the Privacy Policy and Informed Consent for Counseling Services and changes will be available at the office of PSC and on the PSC website at [www.PersonalSolutionsCounseling.com](http://www.PersonalSolutionsCounseling.com). I can request a copy of changes at any time at no charge. Any changes that PSC makes are effective immediately unless otherwise indicated.

\_\_\_\_\_  
CLIENT SIGNATURE (18 and older)

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE OF PARENT OR SPOUSE  
(for a child age 17 and younger)

\_\_\_\_\_  
DATE

## Agreement Regarding Fees, Insurance, and Collections

**FEES:** I will be charged \$175 for my first meeting (evaluation), \$105 for each 45-minute individual meeting, \$150 for each 60-minute meeting, \$110 for marriage or family meeting, \$75 for each 20-35 minute meeting, and \$150 for crisis intervention per hour. Phone consultations are \$75 per hour pro-rated in 10 minute increments, and \$95 per hour for report writing or in-person meetings pro-rated in 10 minute increments including travel-time and are not billed to insurance. **If I do not give at least 24 hours notice of cancellation, a \$60 fee will be applied. If there are repeated missed sessions, a \$60 fee will be applied regardless of notice. If I do not attend a scheduled appointment and do not give any notice, a fee will be incurred that may range up to the full session rate (negotiated by my insurance company) at the therapist's discretion.**

**INSURANCE:** If PSC is an in-network provider for my insurance company then I am only responsible for the PSC contracted rate with that company which may be the same or less than the rates for services listed above. If PSC is an out-of-network provider, I may be responsible for the difference between what my insurance company pays and what PSC charges even if the insurance company "adjusts" the rates. I am aware that there is no guarantee that my insurance company will cover services, and that I am fully responsible for all fees not covered by my insurance company. A quote of coverage is not a guarantee of payment and we cannot be certain of your exact coverage until we receive an Explanation of Benefits from your insurance company after we send them a bill. I am aware that State and federal laws require PSC to collect co-payments, co-insurance and deductibles in full. I am responsible for paying my co-payment, coinsurance, or deductible at the time of each session.

We received the following quote of benefits: Copayment \$ \_\_\_\_\_ Coinsurance \$ \_\_\_\_\_ Deductible \$ \_\_\_\_\_

**PAYMENT:** If I am unable to pay my balance due, I may request a payment plan. After receiving an Explanation of Benefits from my insurance company, or if I am paying privately, if my balance exceeds \$200, my counselor may stop providing services until my balance is paid down to a reasonable amount given my circumstances.

**COLLECTIONS:** I understand that if my account is sent to a collection agency or attorney for collection, that I will be responsible for my full balance plus a collection fee of 33% of my principle balance. I understand that my counselor may not be able to provide services to me if my account is sent to collections. You could avoid collections by adhering to a payment plan.

**AMENDMENTS:** I agree that PSC reserves the right to amend this agreement and may provide me with a notice at which time I will have 14 days to decide if I will continue services with PSC under the amended agreement.

X \_\_\_\_\_

**Signature of Client, Parent, or Guardian**

\_\_\_\_\_  
**Today's Date**

**ASSIGNMENT OF BENEFITS AND RELEASE OF INFORMATION:** I authorize any and all of my medical information necessary to process insurance claims to be released to \_\_\_\_\_ for the purpose of processing claims. This authorization to release information shall be valid through December 31, 2019. I authorize assignment of benefits directly to PSC for services provided.

X \_\_\_\_\_

**Signature of Client or Parent**

\_\_\_\_\_  
**Today's Date**

**STATUS & HISTORY:**

**Have you seen a counselor, therapist, psychologist or psychiatrist in the past?**    Yes    No

If yes, what month/year and for what reason? \_\_\_\_\_

**If you have had substance abuse treatment, please write down the month/year and type here:** \_\_\_\_\_

**Are you currently receiving treatment for an illness, injury, or chronic medical condition?**    Yes    No

If yes, what is the diagnosis and what are the treatments: \_\_\_\_\_

**Write down all prescription medications, over-the-counter medications (OTC), or illegal drugs below:**

| Med or Drug name | Month & Year Started | Daily Dosage | Prescribed by<br>And Reason for taking |
|------------------|----------------------|--------------|--|
|                  |                      |              |  |
|                  |                      |              |  |
|                  |                      |              |  |
|                  |                      |              |  |

**Doctor's Name:** \_\_\_\_\_ **Type of Doctor:** \_\_\_\_\_

**Clinic or Facility:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**Office Phone:** (\_\_\_\_\_) \_\_\_\_\_

**Do you want us to contact your doctor?**    Yes    No    **Last exam date?** \_\_\_\_\_

**Legal Issues & History.** Please tell us if you have any current legal issues (arrests, convictions, civil or criminal lawsuits, judgments, order of protection, bankruptcy, juvenile delinquency, parole, probation): \_\_\_\_\_

**Please list stressors in your life:** \_\_\_\_\_

**Employment:**            Unemployed            Employed (circle): Full-Time    Part-Time            Homemaker

**Education:** None    6th 8th    High School    1-2 yrs college    Bachelor    Master    PhD    MD

**History of Learning problems:** yes    no

**Lifestyle** (*circle things you do **daily** or **weekly**—average*): eat fast food    drink pop    drink coffee    smoke drink alcohol    take vitamins    surf the web    exercise    watch TV    read books    socialize    gamble use drugs    play computer/video games    eat junk food/snacks    hobbies    eat healthy snacks    shop self educate    play with kids    practice something    take college courses    volunteer

**How many hours of sleep do you average per night in the last month:** \_\_\_\_\_

**Do you take naps:**    yes    no    If yes, how often and how many hours at a time: \_\_\_\_\_

**Your Relationship to Client:** Self    Parent    Spouse    Other Relative

\_\_\_\_\_  
Signature of Person Completing this Page

\_\_\_\_\_  
Date